



Moorland Primary School

PSHE

Intent

At Moorland Primary School, PSHE is at the core of what we do and enables our children to become independent, confident, healthy and responsible members of society, as well as developing the “whole child” intellectually, morally, socially and spiritually. Through our whole-school approach to PSHE, it is our belief that excellence in these areas will lead to excellence across the curriculum and beyond in later life. PSHE is taught across the school from FSI- Year 6 on a weekly basis and, as a school, we follow the Jigsaw PSHE scheme. Our PSHE curriculum equips children with relevant and meaningful content, which is supported through a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health. With an ever changing society, we are able to provide our children with a strong understanding of the diverse world around them and support them in playing a positive role in contributing to the school and the wider community.

As part of our school’s Personal, Social and Health Education programme, all children should receive lessons on relationships and sex. The purpose of Relationships and Sex Education is to provide knowledge and understanding of our relationships with others, understand how we grow and change as we get older and how to keep ourselves clean and healthy. From Y4 onwards, this will include how the human body changes during puberty and the processes of human reproduction, within the context of relationships based on love and respect. We believe that if young people can start their transition into adulthood with good information and the confidence and knowledge to understand what is happening to them, they will grow into confident and healthy adults able to make positive choices. This can start with learning the basics about growing up and the sessions in school may reinforce what you are already doing at home.

The progression document shows the key knowledge and skills children are expected, to have understood for each year group.

Implementation

Our whole curriculum is shaped by our school vision which aims to enable all children, regardless of background, ability, additional needs, and to flourish to become the very best version of themselves they can possibly be. We teach the National Curriculum, supported by a clear skills and knowledge progression. This ensures that skills and knowledge are built on year by year and sequenced appropriately to maximise learning for all children.

Jigsaw PSHE directs our aim on developing the “whole child” through a spiral curriculum approach to developing knowledge, skills and understanding in the areas of;

- Being Me in My World
- Celebrating Difference
- Dreams and Goals
- Healthy Me
- Relationships
- Changing Me

Assessment

Assessment of PSHE is conducted by class teachers using children’s work, class discussions and conversations recorded in class PSHE Books. This assessment is regular and informs planning for future lessons.